

Sit-Up Challenge

Your core for change

Team name:

This March, we are taking on the **Sit-Up Challenge** to raise vital funds and awareness for people with disability. Our goal is to complete **100 sit-ups each day** (or core-based exercises) throughout the month. Each sit-up represents a step toward breaking down barriers and creating a more inclusive world.

We're uniting for this cause to break down barriers and help create a more inclusive world. But we can't do it alone—we need your support!

Your donation will:

- Fund essential work and equipment to help people with disability
- Help create opportunities in education, employment, housing, and community
- Make a real impact in the lives of those who need it most

Donate Today

Every dollar counts!

Use the QR code and help us reach our goal.

NDVR
Endeavour
Foundation

Together, we can make a difference—one sit-up at a time.